

Solapur University Solapur

B.A.Part II – Psychology

Revised Semester Pattern Syllabus

Semester III & IV

(W.e.f.June,2014)

Semester III

Paper No	Title of the Papers	Marks
II	Developmental Psychology (Adolescence to Late Adulthood)	50
III	Modern Applied Psychology	50

Semester IV

Paper No	Title of the Papers	Marks
II	Developmental Psychology (Adolescence to Late Adulthood)	50
III	Modern Applied Psychology	50

B.A.Part II

Psychology – Paper – II
Developmental Psychology
(Adolescence to Late Adulthood)
W.e.f.June,2014

Objectives –

- 1) To familiarize students with the basic developmental process of Adolescence to Late Adulthood
- 2) To enable the students to acquaint with the knowledge of physical,Cognitive,Social and Personality development to the relating developmental stages of life.

Semester III

Unit – 1- Adolescence : physical and Cognitive Development

1.1 Physical Development.

- A) Physical Maturation.
- B) Threats to Adolescents' Well – being

1.2 Cognitive Development

- A) Cognitive Development
- B) School Performance.

Unit -2 : Adolescence : Social and Personality Development

- 2.1 Identity – Who Am I ?
- 2.2 Relationships : Family and friends
- 2.3 Sexual Behaviour and Teenage Pregnancy.

Unit -3- Early Adulthood : Physical and Cognitive Development

- 3.1 Physical Development
- 3.2 Physical Limitations and Challenges.
- 3.3 Stress and Coping : Dealing with Life's Challenges.
- 3.4 Cognitive Development.
- 3.5 Intelligence.

Unit-4- Early Adulthood : Social and Personality Development

- 4.1 Forging Relationships : Intimacy,Liking,Loving.
- 4.2 What makes marriage work.
Divorce, Parenthood, Staying Single.
- 4.3 Work : Choosing and Embarking on a career.

Semester IV

Unit – 1: Middle Adulthood : Physical and Cognitive Development.

- 1.1. Physical Development.
- 1.2. Sexuality in Middle Adulthood.
- 1.3. Health
- 1.4. Cognitive Development.
 - A) Does Intelligence decline in Adulthood.
 - B) Memory.

Unite -2 : Middle Adulthood : Social and Personality Development

- 2.1 Personality Development
- 2.2 Relationships : Family in Middle Age.
- 2.3 Work and Leisure.

Unite – 3 : Late Adulthood : Physical and Cognitive Development.

- 3.1 Physical Development
- 3.2 Health and Wellness.
- 3.3 Cognitive Development
 - A) Intelligence
 - B) Memory.

Unit – 4 : Late Adulthood : Social and Personality Development.

- 4.1 Personality Development and Successful Aging.
- 4.2 Daily Life of Late Adulthood
- 4.3 Relationships : Old and New.

Books for Study

- * Robert S.Feldman and Nandita Babu (2011) “Discovering the Life Span”, Pearson Education first Impression South Asia.
- Rodert S.Feldman (2010), “Discovering the Life Span ”Dorling, Kinderson India .Pvt.Limited 1st Impression.
- John .w.Santrock 2007“ A typical approach to Life Span.Development ” Third Edn.Tata McGraw Hill

Books for Reference.

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- Hirave,Tadasare (1997) “Vaikasik Manasshastra” Fadake prakashan, Kolhapur.
- Borude,Kumthekar,Desai,Golvilkar(1995) “Vaikasik Manasshastra” Pune,Vidhyarthi Gruh Prakashan,Pune
- Sontakke,Bhosale,Kulkarni,(2008)“VaikasikManasshastra” Solapur,Aksharlene Prakashan.

B.A. II
Psychology.Paper – III
Modern Applied Psychology.
W.e.f. June.2014

Objectives.-

- 1) To acquaint the students with Psychological application to modern life.
- 2) To Prepare the Students to adjustment in Various life situations in 21st Century.

Semester III

Unit – 1 –Adjustment and Modern Life.

- 1.1 The Psychology of Adjustment
- 1.2 The Scientific Approach to Behaviour Experimental Research, Correlational Research.
- 1.3 The Role of Happiness.
- 1.4 Application – Improving Academic Performance.

Unit -2 – Stress.

- 2.1 The Nature of Stress.
- 2.2 Major types of Stress.
- 2.3 Responding Stress.
- 2.4 Effect of Stress.
- 2.5 Factors influencing Stress Tolerance.
- 2.6 Application – Managing Stress.

Unit -3 – Self.

- 3.1 Self – concept
- 3.2 Self – esteem
- 3.3 Self Regulation
- 3.4 Self Presentations
- 3.5 Application – Building self Esteem.

Unit – 4 – Gender and Behaviour.

- 4.1 Gender Sterotype
- 4.2 Gender Similarities and Differences.
- 4.3 Biological Origins of Gender Differences.
- 4.4 Enviournmental Origins of Gender Differences.
- 4.5 Gender Role
- 4.6 Application – Bridging Gender Gap in Discrimination.

Semester IV

Unit – 1 – Interpersonal Communication.

- 1.1 The Process of Interpersonal Communication
- 1.2 Nonverbal Communication
 - A) General Principles.
 - B) Elements of Nonverbal Communication.
- 1.3 Effective Communication.
- 1.4 Communication Problems.
- 1.5 Application-Developing and Assertive Communication Style.

Unit – 2- Intimate Relationship.

- 2.1 Friendship
 - A) What Makes a good friend.
 - B) Gender Differences in friendships.
- 2.2 Romantic Love.
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- 2.3 Marriage.
 - A) Moving Toward Marriage.
 - B) Marital Adjustment Across the Family Life Cycle
 - C) Vulnerable areas in Marital Adjustment.
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- 2.4 Application – Understanding Intimate Violence.

Unit - 3 – Psychology and Health.

- 3.1 What is Health.
- 3.2 Current Perspectives on Health and Illness
 - A) The Biopsychosocial Perspectives.
 - B) Life Span and Gender Perspectives.
- 3.3 Habits, Life Style and Health
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Unit – 4 – Career and Work.

- 4.1 Choosing a Career
- 4.2 Models of Career Choice and Development. Holland's mode, Women's Career Development
- 4.3 Changing World of Work
- 4.4 Coping with Occupational Hazards.
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Revised Semester Pattern Syllabus
B. A. Part - II.
(w.e.f. JUNE, 2014)

PSYCHOLOGY

I.D.S. CHILD PSYCHOLOGY

Objectives:-

- 1) To familiarize students with the basic child development process.
- 2) To enable the students to acquaint with the knowledge of terms, concepts, techniques and principles relating to the subject.
- 3) To develop the ability to apply knowledge of contents and principles of child psychology in new situations.

SEMISTER-III

UNIT NO. 1

INTRODUCTION TO CHILD PSYCHOLOGY

1.1 What Is Child Psychology ?

1.2 Basic Issues In Studying Child Psychology.

1.3 Research Methods In Child Psychology.

UNIT NO. 2

BIOLOGICAL AND PRENATAL DEVELOPMENT

2.1 Biological Influences On Development .

- A) Hereditary transmission.
- B) Abnormal genes and chromosomal disorders.
- C) Heredity and behaviour.

2.2 Prenatal Development.

- A) Stages of prenatal development .
- B) Factors affecting prenatal development.
- C) Child birth.

UNIT NO. 3

PHYSICAL, MOTOR AND PERCEPTUAL DEVELOPMENT

3.1 The Course Of Physical Growth.

3.2 Motor Development.

3.3 Perceptual Development.

UNIT NO. 4

COGNITIVE DEVELOPMENT

4.1 Piagets Cognitive Development Theory.

4.2 Vygotskys Theory Of Cognitive Development .

4.3 Information Processing Approach.

4.4 Intelligence.

SEMISTER-IV

UNIT NO. 1

EMOTIONAL DEVELOPMENT

- 1.1 The Functions Of Emotions.
- 1.2 Development Of Emotional Expression.
- 1.3 Understanding And Responding To The Emotions Of Others.
- 1.4 Development Of Attachment.

UNIT NO. 2

SELF AND SOCIAL DEVELOPMENT

- 2.1 Emergence Of Self.
 - A) Self Awareness.
 - B) Self Concept.
 - C) Self Esteem.
 - D) Gender Awareness.
 - E) Self Identity.
- 2.2 Social Understanding.
 - A) Person Perception.
 - B) Social Perspective Talking.
 - C) Conceptions Of Society.
 - D) Social Cognitive Bias And Prejudice.

UNIT NO. 3

MORAL DEVELOPMENT

- 3.1 Psychoanalytic Theory Of Moral Development.
- 3.2 Cognitive Theory Of Moral Development.
- 3.3 Social Learning Theory Of Moral Development.
- 3.4 Development Of Self Control.
- 3.5 Development Of Aggression.

UNIT NO. 4

CONTEXT FOR DEVELOPMENT

- 4.1 The Family.
- 4.2 The Peer Group.
- 4.3 The School.

● SHORT NOTES WILL BE ASKED ON EACH UNIT FOR EACH SEMISTER

● BOOKS FOR READING :

● Naima Khatoon. (2012). Child Psychology, Pearson Education, Dorling Kindersley (India) Ltd.

● BOOKS FOR REFERENCE :

- Hurlock Elizabeth B. (1978). Child Development, 6th Edition, International Student Edition, Mc Graw - Hill Education Ltd.
- Hurlock Elizabeth B. (1978). Developmental Psychology, 4th Edition, Tata MCGraw – Hill Pub. Company Ltd., New Delhi.
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Semester Pattern Syllabus
B. A. Part - II.
(w.e.f. JUNE, 2014)
PSYCHOLOGY

I.D.S. – INDUSTRIAL & ORGANIZATIONAL PSYCHOLOGY.
SEMISTER-III

Objective-

- 1) To acquaint the students industrial and organization behavior and its effect on work.
- 2) To familiar students application of psychology in employee selection, appraisal and training.
concepts, techniques and principles relating to the subject.
- 3) To understand students various aspects like motivation, leadership and engineering psychology.

UNIT NO. 1

NATURE AND SCOPE OF INDUSTRIAL & ORGANIZATIONAL PSYCHOLOGY

1.1 What I. O. Psychology ?

1.2 The scope And Historical Development of I.O. Psychology.

- A) Pioneers in personal selection.
- B) World war I and the Testing movement.
- C) The Hawthonne studies and motivational issues.
- D) World war II and Engineering Psychology.

1.3 I. O. Psychology as career.

1.4 Areas of I.O. Psychology.

UNIT NO. 2

EMPLOYEE SELECTION PRINCIPLES AND TECHNIQUES

2.1 Job Analysis.

2.2 Biographical Information.

A) Application Blanks.

B) Biographical Inventories.

2.3 Interviews.

A) First Impressions.

B) Unstructured Interviews.

C) Structured Interviews.

D) Situational Interviews.

E) On-line Interviews.

2.4 References and Letters Of Recommendation.

2.5 Assessment Centers.

UNIT NO. 3

PERFORMANCE APPRAISAL METHODS

3.1 Definition And Purpose.

3.2 Objective Performance Appraisal Methods.

A) Output Measures, Computerized performance.

B) Monitoring.

C) Job – Related Personal Data.

3.3 Judgmental Performance Appraisal Methods.

- A) Written Narratives.
- B) Merit Rating Techniques.
- C) Management by objectives (MBO).

3.4 How to Improve Performance Appraisals.

UNIT NO. 4

TRAINING AND DEVELOPMENT

4.1 Training Methods.

- A) On-the-Job Training.
- B) Vestibule Training.
- C) Apprenticeship.
- D) Computer – Assisted Instruction.
- E) Net – Based Training.
- F) Behavioural Modification.
- G) Job Rotation.
- H) Case studies.
- I) Business Games.
- J) In – Basket Training.
- K) Role playing.
- L) Self – Management.
- M) Behaviour Modeling.

4.2 Career Development .

A) Career Development and Life Stage.

B) Career– Self Management.

4.3 Evaluation Of Organization Training.

SEMISTER-IV

UNIT NO. 1

LEADERSHIP

1.1 Approchees to Leadership.

1.2 Theories of Leadership.

A) Contingency Theory.

B) Cognitive Resource Theory.

C) Path – Goal Theory.

D) Normative Decision Theory.

E) The Leader – Member Exchange Theory

1.3 Styles of Leadership.

A) Authoritarian and Democratic Leaders.

B) Transactional and Transformational Leaders.

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UNIT NO. 2

MOTIVATION

2.1 Content Theories of Motivation.

- A) Achievement Motivation Theory.
- B) Needs Hierarchy Theory.
- C) ERG Theory.
- D) Motivator – Hygiene (Two – Factor) Theory.
- E) Job – Characteristics Theory.

2.2 Process Theories Of Motivation.

- A) VIE Theory.
- B) Equaity Theory.
- C) High Performance Cycle Theory.

UNIT NO. 3

JOB SATISFACTION

3.1 Definition Of Job satisfaction.

3.2 Measuring Job Satisfaction.

- A) Job faced satisfaction.
- B) Job satisfaction Data.

3.3 Impact of personal characteristics.

3.4 Job satisfaction And Job Behaviour.

UNIT NO. 4

ENGINEERING PSYCHOLOGY

4.1 History And Scope Of Engineering Psychology.

4.2 Time And Motion Study.

A) Person Machine System.

B) Work place Design.

4.3 Displays Presenting Information .

A) Control Talking Action.

4.4 Compulers And Industrial Robot.

SHORT NOTES WILL BE ASKED EACH UNIT FOR EACH SEMISTER

BOOKS FOR READING :

Duane Schultz, Sydney Ellen Schultz : *Psychology and Work Today* :
Eight Edition (2004). Pearson Education (Singapore) Pte, Ltd., Indian
Branch, 482, F.I.E. Patparganj, Delhi – 110 092, India.

• BOOKS FOR REFERENCE :

• P. A. Bhagwatwar, *Psychology of Industrial Behaviour* Second Edition,
July 1998; Shet Publishers, 35, Everest, Pedder Road, Bombay.

• प्रा. गाडेकर, डॉ. जमाले, डॉ. रसाळ (२०११) औद्योगिक आणि संघटनात्मक मानसशास्त्र, डायमंड पब्लिकेशन पुणे.

• डॉ. कुलकर्णी, रवि पंडित (२०१२) औद्योगिक मानसशास्त्र, संघटनात्मक आणि उपभोक्ता मानसशास्त्र, पिंपळापुरे अॅण्ड कं. पब्लिशर्स, नागपूर.